

DAMIANA

Hormone regulator for
nervous & sexual balance

Impotency

Depression

Spermatorrhoea

Constipation



DAMIANA Ø

Drug strength 1:10

Hormone regulator for nervous and sexual balance

DESCRIPTION:- Damiana (*Turnaria aphrodisiaca, T. diffusa*) belongs to Turneraceae family, is a native to the Gulf of Mexico, Northern California, the northern Caribbean islands. It is an excellent tonic herb for physical weakness and nervous exhaustion. It is continuous to be considered valuable as aphrodisiac and great tonic, and its stimulant tonic action also make it a valuable remedy for those suffering from mild depression.

CONSTITUENTS:- Arbutin up to 7 %, volatile oil 0.5%, delta cadinene 10%, thymol 4%, cyanogenic glycosides (tetraphylin), resin, gum, pinene, tannins etc.

ACTIONS:- Testosterogenic, strong aphrodisiac, tonic stimulant, mild laxative, and diuretic, antidepressant, strengthens male sexual system, emenagogue.

INDICATIONS:- Sexual disorders, impotency, depression, nervous debility, constipation, spermatorrhoea, weakness after loss of vital fluids, headache, nephritis, orchitis, dysmenorrhea.

CONTRAINDICATIONS:- Persons with diabetes and hypoglycemia should use this medicine with caution, and also blood sugar level should be monitored accordingly. As it has abortive effects and is contraindicated in pregnancy.

USE IN PREGNANCY AND LACTATION:- not recommended

INTERACTIONS:- not reported.

EFFECTS ON ABILITY TO DRIVE AND USE OF MACHINES:- none reported.

SIDE EFFECTS:- A long term usage of Damiana can cause insomnia and headache, depletion of body's energy.

DOSAGE:- Drops: 30 to 40 drops in half cup of water thrice daily.
Tablets: one tablet thrice daily.

PRESENTATION:- Drops 20ml bottle,
Tablets 20 per packet



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