

CALENDULA

A time tested remedy for all infections

Antibacterial

Antiseptic

Antifungal



CALENDULA OFFICIANALIS Ø

Drug strength 1:10

A POWERFUL ANTISEPTIC ANTIMICROBIAL AND ANTIFUNGAL

DESCRIPTION:- Calendula off. (Marigold) is an ornamental and widely cultivated crop all over the region, borne through much of the year. Plants with yellow or orange flower heads are used for making mother tinctures. The BHP lists the special indications of calendula as enlarged or inflamed lymphatic nodes, sebaceous cysts, duodenal ulcers, and acute or chronic inflammatory skin lesions. It was also approved by Commission E for inflammation of the oral and pharyngeal mucosa; also topically for poorly healing wounds.

Actions: anti-inflammatory, anti-inflammatory (GIT), anti-inflammatory (topically), antimicrobial, antiseptic (GIT), antiseptic (topically), antiviral (topically), astringent, cholagogue, choloretic, hypocholesterolaemic, hypolipidaemic, lymphatic, vulnerary

Indications: acne, acne (topically), boils (poultice), cholecystitis, dysmenorrhoea, spasmodic, eczema, eczema (topically), gastritis, glands, swollen, haemorrhoids (topically), hypercholesterolaemia, infection, inflammation, gastrointestinal tract, menopause, hypertension and arrhythmias, menstrual irregularity, pruritus, psoriasis, ulcer, gastrointestinal, ulcer, mouth, varicose veins (topically), wounds (topically) Burns, Cuts and bruises.

CONSTITUENTS:- triterpenoids saponins, including the aglycones oleanoic acid and saponosides A to F
2-4% triterpenol alcohol, either in the free form or as esters
carotenoids, the content of which determines the color the flowers: carotene in orange flowers, xanthophyl in yellow flowers. flavonoids, especially iso orhamanetin glycosides
Essential oil, consisting of mono and sesquiterpenes
Bitter principles including celandine

CONTRAINDICATIONS:- none reported

TOXICITY: - none has known.

USE IN PREGNANCY AND LACTATION: - *Calendula* is also known to effect the menstrual cycle and should not be used internally during pregnancy and breast feeding.

EFFECTS ON ABILITY TO DRIVE AND USE OF MACHINE: - none

DOSAGE:- Drops:- 20 to 30 drops in a half cup of water thrice daily, for local application 60 drops *Calendula* in a half cup (60 ml.) of boiled water-wash /Douche the effected area or bandage with soaked gauze.

Tablets: - one tablet thrice daily,

Cream: - apply locally on effected part with or without gauze twice daily ,or

to make lotion put 40 drops

of calendula Ø in 60 ml of sterilized water.

PRESENTATION: - Drops: - 20 and 120 ml

Tablets: - 20's per packet

Cream: - 20 grams tube.



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