

Agnus

Impotency in both sexes
complaints due to
progesterone deficiency,
Agalactia.



AGNUS CASTUS Ø

Drug Strength 1:10

Agnus castus mother tincture is derived from the seeds of a native plant *Agnus vitex castus* which has long been regarded as a symbol of chastity and were used in the middle ages to suppress sexual excitability. The herb was primarily considered for women's complaints supposedly to suppress libido.

Effects: The most effective point of attack of *Agnus castus* upon the organism is the sexual organs. Its large dose lowers the sexual vitality with corresponding mental depression. It shows this distinctive action in both sexual power.

In women it enhances corpus leuteum development (there by correcting a relative progesterone deficiency) via a dopaminergic activity on the anterior pituitary (which inhibits prolactin) normalizes the menstrual cycles encourages ovulation. Indicated for any kind of premenstrual aggravation. The inhibition of prolactin contrast, with the traditional use, promote breast milk.

Action: Immuno modulator, prolactin inhibitor, dopamine agonist, galactagogue indirectly progesterogenic.

May also be used for: Relative progesterone deficiency conditions, where unopposed estrogen plays as role, fibroid endometriosis, follicular ovarian cysts; additional conditions caused by hypoprolactinaemia (e.g. some cases of erectile impotence in men; hypogonadism, galactorrhoea or irregular menstruation).

Key Constituents: Essential oils (0.7% containing monoterpenes and sesquiterpenes) Flavonoids; methoxylated flavonoids including casticin. Iridoid glycosides, including aucubin (0.3%) agnoside (0.6%).

Influence on Lactation: A significant effect is observed from *Agnus castus* treatment with average milk production about three times that of controls after 20 days of treatment.

Infertility: As it enhances corpus luteal function which may inhibit as a result generally coincide with the lengthening of the luteal phase with normal serum progesterone level.

Toxicology: No information available.

Contra Indication: *Agnus castus* is preferably not to be taken in conjunction with progesterone drugs, the contraceptive pills. It may aggravate pure spasmodic dysmenorrhoea not associated with PMS.

This may be due to the primary effect of progesterone on the endometrial prostaglandin release during the initial stage of menstruation. However it is usually beneficial for spasmodic dysmenorrhoea associated with PMS and for congestive dysmenorrhoea.

Special Warning and precautions: None required.

Interaction: None known definitely but *Agnus castus* may interact antagonistically with dopamine receptor antagonists.

Use in Pregnancy and Lactation: Use cautiously in pregnancy and only in the early stages of insufficient corpus luteal function.

Effects on ability to drive and use machine: None known.

Side Effects: Long and excessive dose may cause abortion after it may not be suitable to promote normal ovarian is probably premature. Rare occurrence of itching and urticaria have been reported, in some cases nausea occurs, mild side effects (gastro intestinal and lower abdominal, complaints, skin eruptions, short term headache). These side effects cannot be considered serious.

Over Dose: None known.

Dosage: 25 to 30 drops thrice daily in half cup of water. One tablet thrice daily. If the length of menstrual cycle is excessively changed usage of medicine may be discontinued.

Presentation: 20ml dropper bottle
Pack of 20 Tablets



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